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DEPARTMENT OF HEALTH AND HUMAN SERVICES

DIVISION OF CHILD AND FAMILY SERVICES
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RURAL NEVADA CHILDREN'S MENTAL HEALTH CONSORTIUM FY 2024 RETREAT WORKGROUP MEETING MINUTES OCTOBER 26, 2023

DRAFT

All members participated via Microsoft Teams technology (video or audio)

VOTING MEMBERS PRESENT:

Charlene Frost
Cherylyn Rahr-Wood
Lana Robards
Sarah Hannonen

STAFF AND GUESTS:

Betsy Crumrine
Kary Wilder
Kristen Rivas
Mignon Hoover
Natalie Filipic

1. Call to Order, Roll Call, Introductions. – Sarah Hannonen, Chair

Sarah Hannonen called the meeting to order at 1:02 pm. Kary Wilder, Division of Child and Family Services (DCFS), conducted roll call and a quorum was established.

2. Public Comment. *No action may be taken upon a matter raised during a period devoted to comments by the general public until the matter itself has been specifically included on an agenda as an item upon which action may be taken.*

None

3. For Possible Action. Approval of meeting minutes – Sarah Hannonen, Chair

a. September 28, 2023

MOTION: Cherylyn Rahr-Wood made a motion to approve the September 28, 2023 meeting minutes.

SECOND: Char Frost

VOTE: Unanimous, with no opposition or abstention

4. For Possible Action. Discussion, development and possible vote on plans for RCMHC FY 2024 Retreat. – Workgroup members

- a. Budget - \$4,000.00
- b. Venue/location – Several Fallon options were identified: Distillery, Convention Center, Rafters, Barrel House and others. Lana Robards will get availability and price quotes. She is estimating approximately \$700 to \$800 for venue costs.
- c. Speaker Options –
 - i. Dennis Gilman’s speaker fee is \$5,000 which is out of budget.
 - ii. Kevin Hines – Free virtual keynote speaker (Cherylyn Rahr Woods can coordinate).
 - iii. Hope Squad – Free (Misty Allen has contacted).
 - iv. Emma White, OSP – Free, possible panel participant (Cherylyn Rahr-Woods can coordinate).
 - v. Safe Talk for Families – Free 3 hr. training session given by Cherlyn Rahr-Woods. Suggestion was made to schedule Safe Talk training separately outside of the Retreat event.
 - vi. Forever 14 – (Sarah Hannonen has contacted, has not received a response yet).
 - vii. Jake at Zephyr Wellness and partner – (Sarah Hannonen can coordinate).
 - viii. Lana Robards suggest a panel discussion to include the M.O.S.T. Team from Carson City.
 - ix. Cherylyn Rahr-Wood suggested Rachel Isherwood from 988 as a possible panel participant.
 - x. Char Frost urged and recommended a parent sit on the panel to represent community family voice. Char recommended Denise Padilla or someone from Nevada PEP. Char will reach out to Denise.
 - xi. Sarah Hannonen recommended having Kevin Hines as keynote speaker with Emma White, 988 and others on a panel.
 - xii. Lana Robards recommended the therapist at New Frontier for the early intervention prevention panel.
 - xiii. Options were reviewed for holding two different panel discussions; suicide prevention and a general resource panel (to include NAMI Warmline).
 - xiv. Char Frost would like to see the school districts involved as mental health is 24x7. Schools been excluded from the System of Care. A school-based mental health panel would be a good option.
 - xv. Michelle Sandoval can be contacted to arrange for Mobile Crisis Response Team participation.
 - xvi. It is challenging to find a representative from the tribal health community – (Cherlyn Rahr-Wood will reach out to her contacts).
 - xvii. Project Aware
 - xviii. Banner Hospital
 - xix. Lana Robards can contact the Fallon mayor and the Bureau Chief for Juvenile Probation. A juvenile probation officer may be an option.
 - xx. Cherylyn Rahr-Woods will reach out to Kerry Gonzalez, Victim Services Advocate, who is doing domestic violence work and also works for the Fallon Shawnee tribe.
 - xxi. Options for holding break-out sessions were discussed.
 - xxii. A suggestion was made to invite Mr. Parsons, School Superintendent, to give the opening welcome.
 - xxiii. Kristen Rivas clarified that a meeting of all voting members must follow Nevada Open meeting law regulations. It was decided to hold a brief, formal meeting, followed by a social event for voting members.
- d. Stipends/gifts cards to assist families in attending the event (travel/childcare) – Not discussed.

- e. Agenda and goals – Sarah Hannonen will draft agenda options for a 1-day or a 2-day retreat for review at the next meeting. Holding an evening event on Friday would make it easier for parents to attend. Cherylyn Rahr-Wood volunteered to help run the event and make announcements.
- f. Travel – Not discussed.
- g. Social Media
 - i. Advertising is important for successful event
 - ii. Billboards would be too expensive
 - iii. Arrange for postings on different agency website, Consortia websites, Nevada PEP
 - iv. Develop a printed resource flyer for families based on the Surgeon General’s social media advisory
 - v. Need to develop a social media campaign
- h. Food – New Frontier will donate meal costs if a donor is not identified. Lana Robards will research, manage, and coordinate meal and restaurant options.
- i. Date – Lana Robards is unavailable on March 14th and March 15th, 2024. Alternative dates of March 21st and March 22nd were selected. Kary Wilder will send a Doodle Poll to voting members to check everyone’s availability in March.

MOTION: Char Frost made a motion to send out a Doodle Poll to voting members to determine best options for scheduling the Retreat in March, 2024

SECOND: Lana Robards

VOTE: Unanimous, with no opposition or abstention.

5. For Possible Action. Make recommendations for agenda items for the next meeting
– RCMHC Members

- Set Retreat date
- Solidify and vote on event agenda
- Identify outreach and next steps
- Develop social media campaign

6. Public Comment. *No action may be taken upon a matter raised during a period devoted to comments by the general public until the matter itself has been specifically included on an agenda as an item upon which action may be taken.*

None.

7. Adjournment. – Sarah Hannonen, Chair

The meeting adjourned at 2:40 pm.

CHAT TRANSCRIPT:

[12:50 PM] Kary Wilder

Welcome to the Rural Nevada Children's Mental Health Consortium Retreat Workgroup Meeting. This meeting is being recorded. Please enter your name, title and organization name in the Chat for the record. Thank you.

[12:51 PM] Kary Wilder

Meeting Materials: <https://dcfs.nv.gov/Meetings/RNCMHC/2023MeetingandAgenda/>

[1:10 PM] Betsey Crumrine

Sorry ladies, I did not realize this was retreat planning workgroup. I'm signing off. Thanks Betsey

[2:33 PM] Cherylyn Rahr-Wood

I need to go i have a 2:30.. Great conversation

[2:41 PM] Meeting Ended